



## **Pixel®: Pre and Post Care Patient Instructions**

### **PRE-TREATMENT:**

- Cold sores can be triggered by laser therapy. If you have a history of cold sores, please discuss this with your provider prior to your treatment.
- Avoid the sun before treatment. Recently tanned skin cannot be treated.
- Your skin should be completely clean and dry prior to treatment.
- *Patients who have taken Accutane within the last 6 months are NOT eligible for Pixel®.*
- Safety considerations are important during the procedure. Laser and/or procedure-specific protective eye wear will be worn by patient and all personnel in the treatment room during the procedure. Your provider will take all necessary precautions to ensure your safety.

### **POST TREATMENT:**

#### **First 24 Hours after Treatment:**

- Avoid the sun until your skin is completely healed, then wear sunscreen daily thereafter.
- Please keep the treated skin completely ***clean and dry*** for 24 hours and use only Laser Gel on your skin (available in our office.)
- Apply cold, wet compresses (1 cup water mixed with 1 Tbsp Vinegar) as needed for comfort.
- Do not rub the skin and avoid any irritation to the treated area. Sleep on your back if possible.
- Avoid wearing a mask for 24-48 hours so that your skin can heal in the open air.
- Do not go in the sun. Bring a hat if necessary, for the drive home.

#### **Days 2-7 Following Your Treatment:**

- For the first three days, use Laser Enzyme Gel as often as needed to keep skin hydrated.
- For day 3 and beyond, keep the skin clean and start to use medical grade skincare.
- What to expect:
  - Expect redness, itching and swelling to continue for approximately 5 days
  - Expect skin to feel like coarse sandpaper, grainy, with brown grid markings
  - Your face will flake and peel as it heals.
  - You may begin to use makeup

### **Causes for concern:**

If you are concerned, we are concerned. Treated skin that appears to be “weeping” white or yellow fluid, bleeding; an outbreak of cold sores; a large area of scabbing; significant swelling; severe pain; fever/chills; or nausea/vomiting.

Contact our office immediately **(503) 443-2250** if you experience any of the above symptoms.