



## **Accent® XL: Patient Consent for Treatment**

### **A. Purpose and Background**

- Accent® XL is a radiofrequency (RF) device intended for use in the treatment of wrinkles, loose skin, pockets of fat, and areas of cellulite to produce an overall improvement in the skin.

### **B. Procedure**

- Accent® XL treatment consists of the external application of controlled heat from the RF energy through the epidermis and into the dermis and hypodermis layers of the skin. This targeted energy helps to reorganize the cellular environment and stimulates the cells to release toxins, drains retained fluids including free fatty acids and triglycerides. Accent® XL is also shown to enhance and strengthen new collagen fibers. For best results, it is necessary to complete a series of treatments for each body area.

### **C. Risks/Discomfort**

- Generally patients experience little to no discomfort during the treatment. There is a possibility of short term side effects such as heat rash, acne breakout, skin redness, swelling and irritation. Accent® XL should be comfortable, and topical anesthesia cannot be used during treatment. Pre and post-procedural pain medications are not necessary for Accent® XL treatment. While adverse reactions to Accent® XL treatment are extremely rare, superficial burns may occur and are usually temporary. Rarely, a deep burn may occur and scarring can be permanent. It is normal to have a sense of “malaise” for a few hours after Accent® XL treatment as the body is releasing toxins. Hydration and exercise can help alleviate these symptoms. I agree if I have any concerns regarding my Accent® XL treatment, I will contact VanderVeer Center promptly to make arrangements to be evaluated by a medical provider.

### **D. Benefits**

- Accent® XL treatment does not involve and “downtime”. Full return to normal activities following treatment is to be expected. Although results of treatment can be seen immediately, full benefits of Accent® XL will continue for months following my most recent treatment.

### **E. Alternatives**

- Accent® XL is strictly a voluntary cosmetic procedure; no treatment is necessary or required. Alternative treatments include but are not limited to elective surgery, light treatments, laser treatments, Lipodissolve/Mesotherapy, or doing nothing at all.



**F. Photography**

- I understand that clinical photographs are an essential component of my medical record and are required by VanderVeer Center, before, during and after treatments.

**G. Consent and Procedure**

- Although good results are expected, there cannot be any guarantee or warranty, expressed or implied on the results that may be obtained. I understand that to achieve maximum results the protocol prescribed by VanderVeer Center should adhere to. The number of treatments and results of treatment vary per patient and may be affected by the following factors, including but not limited to: degree of skin irregularity, weight gain or loss, age, medical history, medications, and lifestyle choices such as smoking and diet.
- I have provided my past and current medical history and medications.
- Pregnancy is a contraindication for treatment. I am not currently pregnant.
- I understand absolute contraindications for Accent® XL treatment include dental implants, artificial joints, metal rods or plates in the body, intrauterine device (IUD), and tattoos (including cosmetic tattooing). I have discussed this with my treatment provider today and agree to proceed with Accent® XL treatment.
- I understand that results of recent dermal filler treatment (within 4 weeks) on the RF treated area may be affected by Accent® XL treatment. I have informed my treatment provider of all dermal fillers I have recently received and have discussed this with my provider.
- I understand I must remove all metal objects, including jewelry and clothing such as belts, prior to each treatment. I agree to be responsible for all of my personal items removed at treatment. *VVC is NOT responsible for valuables brought to treatment.*
- I understand that it is important to follow after care instructions carefully to maximize treatment results. Vander Veer Center recommends Mesotherapy Cream, Essential BS, and Essential Green Tea to enhance results of my Accent® XL treatment.
- I release all Vander Veer Center staff from liability associated with this procedure except for any liability that may be imposed by the laws of the state of Oregon.
- I have read and understand this consent to be treated and all my questions have been addressed and answered to my satisfaction. I consent to the terms of this agreement.

**I elect to proceed with Accent® XL treatment.**

**Patient Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

***Patient Signature:*** \_\_\_\_\_