



## **Z-Wave: Pre and Post Treatment Instructions**

**The purpose of this procedure is to reduce the appearance of cellulite in the desired treatment area. The procedure requires more than one treatment and may produce reduction in the appearance of cellulite. The total number of treatments will vary between individuals.**

### **PRE TREATMENT:**

The Z-Wave is a safe and effective treatment that uses sound waves to reduce cellulite and improve the overall appearance and structure of the skin. The painless waves strengthen the skin's connective tissue resulting in improved elasticity and firmness. The Z-Wave treatment also assists with cell rejuvenation and improves blood circulation.

- No Retin-A products or applications on treatment area for 12 hours prior to treatment.
- No prolonged sun exposure or sunburns to the treatment area 24 hours prior to treatment.
- Skin should be clean and product free.
- If an active or extreme breakout occurs before treatment, evaluate on a case by case basis.

### **POST TREATMENT:**

Z-Wave is a non-invasive procedure with limited risks and side effects. Some patients reported minor redness and bruising from the treatment that normally resolves within a few days. Preparing the skin for this procedure will ensure optimum results. Healthy skin will respond better and results will last longer. It is encouraged that this procedure accompany daily use of *VOLANTE Radiant Glow Firming Body Serum*.

- Increase water consumption for 24 hours post treatment.
- You may resume normal exercise and daily routine without restriction immediately post treatment.

Please call your provider with any questions or concerns you may have.

6650 SW Redwood Lane, Suite 150, Portland, OR 97224

Phone: 503-443-2250

[www.VanderVeerCenter.com](http://www.VanderVeerCenter.com)