



PATIENT SKIN TYPING QUESTIONNAIRE FOR ALL DEVICES

Patient Name: _____ **Date:** _____

This information will help our office to better evaluate your skin type so your treatment will be most effective. Skin type is often categorized according to the Fitzpatrick skin type scale which ranges from very fair (skin type I) to very dark (skin type VI). The three main factors that influence skin type are: 1) Genetic disposition, 2) Reaction to sun exposure, and 3) Tanning habits.

1) Genetic Disposition: Circle the description that **best** describes you:

Score	0	1	2	3	4
Color of your eyes	Blue/Gray	Green	Hazel/Brown	Dark Brown	Brown/Black
Natural hair color	Sandy Red	Blond	Dark Blond	Dark Brown	Black
Color of your untanned skin	Reddish	Very pale	Pale	Light Brown	Dark Brown
Amount of freckles?	Many	Several	Few	Incidental	None

Total Score for Genetic Disposition

2) Reaction to Sun Exposure: Circle the description that **best** describes you:

Score	0	1	2	3	4
Skin Reaction when you stay in the sun too long	Burn, blistering, peeling	Blistering followed by peeling	Burns, sometimes peeling	Rare burns	Never had burns
Your ability to tan	Not at all	Light color tan	Golden tan	Tan easily	Turn dark tan
After sun exposure, your face feels	Very Sensitive	Sensitive	Normal	Very resistant	No sensitivity

Total Score for Reaction to Sun Exposure

3) Tanning Habits: Circle the description that **best** describes you:

Score	0	1	2	3	4
Last exposure to sun, artificial tanning, or tanning cream	3+ months ago	2-3 months ago	1-2 months ago	Less than 4 weeks ago	Less than 2 weeks ago
You expose the treatment area	Never	Rarely	Sometimes	Often	Always

Total score for Tanning Habits

Your Total Skin Type Score (Total of all 3 columns above)

Your Fitzpatrick Skin Type

Skin Type Score	Fitzpatrick Skin Type
0-7	I
8-16	II
17-25	III
25-30	IV
Over 30	V-VI