



Medical Facial: Pre and Post Treatment Instructions

Medical Facials treat a variety of skin conditions such as sun damage, wrinkles, acne and general aging. Increased cell turnover and collagen stimulation can be seen resulting in a smoother, brighter and more youthful and healthy appearance.

PRE TREATMENT:

- Discontinue the use of topical medications or products that may be irritating to the skin, such as scrubs, retinols and acne products, 1 week prior to treatment.
- Do not wax in the treatment area immediately prior to treatment.
- If you have a history of perioral herpes simplex virus, we may recommend prophylactic antiviral therapy in the form of Valtrex. If so, follow the directions for your prescription.
- Avoid treatment with injectable neurotoxins (Botox and Dysport) immediately preceding your Medical Facial. Treatment with injectable neurotoxins immediately afterwards is ok.

POST TREATMENT:

- There is usually no downtime is associated with Medical Facials, and treatments can be repeated as often as necessary to keep skin looking fresh. Although rare, there is a possibility that skin will be red, itchy and/or irritated.
- Post treatment skin care at home is very important. We recommend Volante Skincare and will recommend appropriate products for your skin type and concerns.

Please call your provider with any questions or concerns you may have.

6650 SW Redwood Lane, Suite 150, Portland, OR 97224
Phone: 503-443-2250
www.VanderVeerCenter.com