

IPL and AFT Skin Rejuvenation Patient Consent for Treatment

Purpose and Background

IPL/AFT treatment is a non-ablative way to rejuvenate the skin, including treatment of brown pigment, sun damage, Rosacea and diffuse redness. Treatments using IPL/AFT will not cure any medical conditions nor provide immunity against re-occurrence of such conditions. The purpose of IPL/AFT treatment is to achieve cosmetic improvement in the skin tone and texture by removing diffuse redness and dilated capillaries by targeting hemoglobin in the skin, and to lighten brown pigment by targeting melanin.

Procedure

The IPL/AFT device works by targeting brown and red discoloration present in the skin. Clear ultrasound gel is applied to the treatment area and a large crystal hand-piece is used to treat the full area in a short amount of time including the face, neck, and body areas such as hands, arms, and legs. The sensation experienced during IPL/AFT treatment is often described as a warm rubber band snap. The targeted brown pigment in freckles and "age spots" is typically darker after treatment. The darker pigment has a "coffee ground" appearance and generally sloughs off after 1-3 weeks.

Alex Skin Rejuvenation Patient Consent for Treatment

Purpose and Background

Alex Skin Rejuvenation treatment is a non-ablative way to rejuvenate the skin, including treatment of brown pigment, sun damage, and collagen production. The purpose of Alex Skin Rejuvenation treatment is to achieve cosmetic improvement in the skin tone and texture by lightening brown pigment and stimulating collagen.

Procedure

The Alex Skin Rejuvenation treatment works by targeting brown discoloration present in the skin. The treatment is administered on clean, dry skin. Areas that can be treated include the face, neck, and body areas such as hands, arms, back and legs. The targeted brown pigment in "age spots" is typically darker after treatment and will have a "coffee ground" appearance lasting 1-3 weeks.

VBeam Patient Consent for Treatment

Purpose and Background

The Vbeam Laser is used to treat abnormal blood vessels seen in spider veins and other cutaneous vascular lesions without harming the surrounding skin. In addition, the laser treats benign epidermal pigmented lesions and areas of brown pigmentation often seen on sun-exposed skin without damaging the surrounding skin. Lesions most commonly fade slowly over time as the treated vessels or areas of pigmentation are eliminated by normal body processes. Treatments using Vbeam will not cure any medical conditions nor provide immunity against re-occurrence of such conditions. The purpose of Vbeam treatment is to achieve cosmetic improvement in the skin tone by removing diffuse redness and dilated capillaries by targeting hemoglobin in the skin, and to lighten brown pigment by targeting melanin.

Procedure

The Vbeam device works by targeting red discoloration present in the skin. The treatment is administered on clean dry skin. Areas that can be treated include the face, neck, and body areas such as hands, arms, and legs. The sensation experienced during Vbeam treatment is often described as a warm rubber band snap. The targeted red pigment is typically darker after treatment. Healing is complete after 3-4 weeks.

IPL/Alex/VBeam: Patient Consent for Treatment

A. Risks/Discomfort

- Immediately following treatment, your skin may feel and look mildly sunburned and/or swollen; however, these symptoms should resolve within 1-3 days. Permanent reduction or removal of hair in the treatment area is possible, while follicle stimulation can occur in the treated area as well. While adverse reactions are extremely rare, there is a possibility of side effects such as bruising, severe swelling, itching, blistering, crusting, scarring, and/or permanent discoloration—either hypopigmentation (decrease in skin pigment) or hyperpigmentation (increase in skin pigment). I agree if I have any concerns regarding my treatment, I will contact VanderVeer Center promptly to make arrangements to be evaluated by a medical provider.

B. Eye Protection

- I understand that my eyes will be covered with safety eyewear or an opaque material to protect them from the light and that I am not to remove the eye protection during treatment due to the risk of corneal injury.

C. Alternatives

- The selected treatment is strictly a voluntary cosmetic procedure. No treatment is necessary or required.

F. Photography

- I understand that clinical photographs are an essential component of my medical record. Photography is required by VanderVeer Center, before, during, and after treatments.

I. Consent to Procedure

- Although good results are expected, there cannot be any guarantee or warranty, expressed or implied, on the results that can be obtained. I understand that to achieve maximum results, VanderVeer Center's protocols should be adhered to. Treatments are scheduled at 2-6 week intervals and are designed to maximize the results of the procedure. The number of treatments and results of treatment vary per patient and may be affected by the following factors, including but not limited to: degree of skin irregularity, patient age, skin conditions, medical history, medications, and lifestyle choices such as smoking and sun exposure.
- I have provided my complete medical history and medications, including any changes.
- I understand that pregnancy is a contraindication for treatment. I am not currently pregnant or nursing.
- I understand if I have dark hair in the treatment area, I need to shave, trim, clip, or cut surface hairs 12-24 hours prior to treatment.
- I understand sun exposure of any kind must be avoided for a minimum of 2 weeks prior to treatment (including natural and artificial sun - including sunless tanning products and sprays). Any tan or sunburn could result in a less effective treatment or the provider choosing not to perform the treatment.

- I understand it is important to follow aftercare instructions to maximize treatment results and minimize the chance of an adverse reaction. I understand that for optimal results, sun exposure must be avoided after the treatment and sun block SPF 30+ should be used on the treated skin.
- I release all VanderVeer Center staff from liability associated with this procedure except for any liability that may be imposed by the laws of the state of Oregon.
- I have read and understand this consent to be treated and all my questions have been addressed and answered to my satisfaction. I consent to the terms of this agreement.

I elect to proceed with my laser treatment.

Patient Name: _____ **Date:** _____

Patient Signature: _____

Provider Signature: _____