



Lightwave: Pre- and Post-Treatment Instructions

Pre-Treatment Instructions:

- During treatment, you can expect 20 minutes to relax or do absolutely nothing. The Light Wave treatment is a completely comfortable experience. The Lightwave rejuvenation offers advanced cosmetic rejuvenation utilizing Light Emitting Diode (LED) technology with a low level power output. This treatment utilizes a blue/red/combo light therapy to effectively treat the area of concern.
- The treatment can be administered immediately pre/post a laser treatment or injection. For optimal results, it is recommended that you come in every 3-4 days, approximately 2 times a week. A longer time gaps does NOT render the results less effective.
- The Lightwave rejuvenation is effective for cosmetic enhancement of the face and body to improve the appearance of stretch marks, cellulite, superficial wrinkles, reduce acne, regain hydration levels, better tone and stimulate collagen and elastin.
- The Lightwave technology significantly enhances all other anti-aging treatments.
- As with any skin rejuvenation program, you should consult your healthcare professional for more details on how Lightwave Rejuvenation will beautify your face and body.

Post-Treatment Instructions:

- After completion of your treatment it is normal for most patients to experience some degree of discomfort which can include redness, edema, and flaking or peeling of the skin. These symptoms may worsen within 24 hours following the activation period. After the series or one treatment, you can resume your normal activities immediately with absolutely no downtime or discomfort.
- It is important for patient to allow the skin to heal naturally and do not exfoliate or pick at the skin during this time as doing so can lead to infection and scarring.
- It is important that you commit to and follow the treatment protocol: Use Epionce skincare and absolutely use SPF 30, avoid exposure to sunlight and excessive bright lights for 48 hours.
- For best results, a series of 6-8 treatments performed 2 times a week is recommended. Results improve progressively with each additional treatment. You can begin an additional series of Lightwave treatments immediately following your initial series.

Please call your provider at **(503) 443-2250** with any questions or concerns you may have.

6650 SW Redwood Lane, Ste 150, Portland, OR 97224

Phone: 503-443-2250

www.vanderveercenter.com